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To Whom It May Concern:

Today, pre-diabetees and diabetees is a national epidemic.

The good thing about diabetees, if there are any good things, is that it is an illness where, through dietary and lifestyle changes, complications can be delayed for many years, if not avoided all together.

For anyone who is ready to be pro-active to minimize the future implications of this disease, I can highly recommend Dr. Mike Tumminello.

As my blood sugar crept upwards, I met with Dr. Mike in hopes that he would have a magic pill to make this problem go away. He did not.

What he had was much more valuable. Dr. Mike provided honest, crystal clear, and practical guidance on the changes needed in my diet, life-style, and exercise habits. Recognizing that these changes are not easy, Dr. Mike offered many suggestions on how to incorporate these changes into my daily life in the real-world.

With Dr. Mike's help and guidance over the past two years, my blood sugar has been well controlled.

Should you have a friend who mentions that their blood sugar is elevated and is ready to take control of his health, encourage him to schedule an appointment with Dr. Mike Tumminello.

Regards,
Ed

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Carpet Direct